

Weekly Update: Oct 28 - Nov 1

1 message

Tina Holt <tholt@graystoneday.org>

Fri, Oct 25, 2024 at 3:47 PM

To: Parents MS <parents_ms@graystoneday.org>, Students MS <students_ms@my.graystoneday.org>, Staff MS <staff_ms@graystoneday.org>

RED RIBBON WEEK:

Gray Stone is participating in Red Ribbon Week® 2024 – an annual, national event to encourage students to make positive choices for their futures! Middle school students are beginning to make important life decisions as their brains are under development. Making healthy choices supports their learning not only now but also in the future.

On Wednesday, students will have the opportunity to sign the pledge to be drug free.



NATIONAL FAMILY PARTNERSHIP

RED RIBBON CARPAULISM

BE SMART TO OUR DRUGS
LIVE DRUG FREE

I Support Red Ribbon Week!
I Pledge To Grow Up Safe, Healthy & Drug Free By:

- ✔ Understanding the dangers of drug use and abuse.
- ✔ Respecting myself and being drug free.
- ✔ Spreading the word to family and friends about the importance of being healthy and drug free.

Name _____ School _____

Download tips for fun Red Ribbon activities at www.redribbon.org

Please partner with us and discuss this message at home, at the dinner table, at family outings, and with friends and extended family.

Parents can also follow the pledge for Adults, if you so choose.



NATIONAL FAMILY PARTNERSHIP

RED RIBBON CARPAULISM

BE SMART TO OUR DRUGS
LIVE DRUG FREE

I Support Red Ribbon Week!
I Pledge To Help Kids Grow Up Safe, Healthy & Drug Free By:

- ✔ Talking to my kids about the dangers of drug use and abuse and setting clear rules about not using drugs.
- ✔ Working together with the parents of my children's friends to set common boundaries and monitor behavior so that our rules are respected and reinforced.
- ✔ Setting a good example for our children by not using illegal drugs or medicine without a prescription.
- ✔ Visiting www.redribbon.org to learn more and spread the message to family and friends.

Name _____ School _____

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LUNCH:

October 28-November 1

Monday Pasta (Meat or Alfredo Sauce), Garlic Bread, Salad Bar

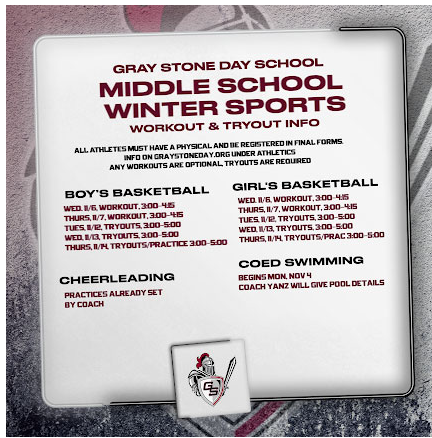
Tuesday Ham & Turkey Subs, Mac & Cheese, Salad Bar

Wednesday Beef or Chicken Tacos, Salad Bar

 **Thursday** Chicken Pie, Soup, Salad Bar

Friday Pizza (Cheese or Pepperoni)

ATHLETICS:



WINTER PRE-SEASON PARENT MEETING: TUES. OCT. 29

6:00pm *for those who were not able to attend in the fall. For grades 6-12.

ALL athletes must have Final Forms complete (including a physical) to participate in ANY activities. Physicals should be uploaded DIGITALLY. If you have difficulty, email Coach Wolfe or Ms. Theard (htheard@graystoneday.org). We do not need paper copies, keep those for your records.

FINAL FORMS can be found at graystoneday.org under Athletics

Canned Food Drive:



Halloween Costume Guidelines:

In the past, we have allowed students to dress up for Halloween, with a few guidelines:

- * costumes must still follow GSDS Dress Code standards
- * nothing that covers the face (paint or masks)
- * costumes cannot impede safe hallway movement or prevent a student from normal daily activities (sitting, carrying their own belongings, etc)
- * no inflatable costumes
- * use common sense, and if in doubt, DON'T WEAR IT
- * We want this to be fun but it cannot impede the learning process.

If your student is unsure about their costume, please encourage them to ask a teacher.

AUDITIONS:

Middle School Theater Club will be holding auditions for their upcoming production of Seussical, Jr! Please see dates for Auditions and Shows below! Email Mrs. Morgan kmorgan@graystoneday.org for an Audition slot!



♥ Looking Ahead:

11/11: Veterans Day - **No School**
11/26: Early Release - **11:40 Dismissal**
11/27 - 11/29: Thanksgiving Break
12/19: Early Release - **11:40 Dismissal**
12/20: Early Release - **11:40 Dismissal**
12/23 - 1/03 - Winter Break

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Tina Holt

Middle School Office Manager

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