

Return to School Guidelines as defined by the

Reference Guide of Suspected, Presumptive, or Confirmed Cases of COVID-19 (K-12) from NCDHHS (last updated 8/10/21)

Health Care Provider to Complete: Please select the following as it applies to the student returning to school/sports activities:

- **Exposure with NO Symptoms:** Student was exposed to someone with COVID-19 within the last 2 weeks, but is NOT symptomatic.
 - Student may return to school/sports 14 days after last close contact, if no symptoms develop nor do they have a positive COVID-19 test.
 - If student is fully vaccinated (14 days post 2nd dose) they do not need to quarantine unless they become symptomatic.
 - If student had a positive Covid test (in last 3 months) they do not need to quarantine unless they become symptomatic.
 - Students who are not fully vaccinated after a close contact in a **classroom or other school setting if masks were being worn appropriately and consistently** by both the person with COVID-19 and the potentially exposed person do NOT need to quarantine.
- **Diagnosis with NO Symptoms:** Student was diagnosed with COVID-19 less than 10 days ago, but is NOT symptomatic.
 - Student may return to school/sports 10 days after their first positive diagnostic COVID-19 test, assuming they have not subsequently developed symptoms since their positive test.
- **Symptoms:** Students who have presented with at least one of the following COVID-19 symptoms (fever/chills, shortness of breath or difficulty breathing, new cough, loss of taste and/or smell, headache, fatigue, scratchy/sore throat, running nose, nausea/vomiting/diarrhea).
 - If the student was diagnosed with COVID-19 based on test or symptoms, they may return to school/sports when:
 - At least 10 days have passed since symptoms first appeared; and
 - At least one day (24 hours) has passed since recovery defined as resolution of fever without the use of fever-reducing medications; and
 - Improvement in respiratory symptoms (e.g., cough, shortness of breath).
 - If the student had a negative (-) COVID-19 test, the student may return to school/sports once they are fever free without the use of fever-reducing medications and have felt well for 24 hours.
 - If the student received confirmation of an alternative diagnosis from a health care provider that would explain the COVID-19 like symptom(s), the student may return to school/sports, following normal school policies, once they are fever free without the use of fever-reducing medications and have felt well for 24 hours.